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Getting Well Again: A Step-by-Step, Self-Help Guide To Overcoming Cancer For Patients And Their Families





Synopsis

Noticeable wear to cover and pages. May have some markings on the inside. Fast shipping. Will be shipped from US. Used books may not include companion materials.

Book Information

Paperback Publisher: Bantam Books; Reissue edition (1980) Language: English ISBN-10: 0553280333 ISBN-13: 978-0553280333 ASIN: B006U1QDHM Product Dimensions: 8.4 x 5.8 x 0.7 inches Shipping Weight: 12.6 ounces Average Customer Review: 4.8 out of 5 stars Â See all reviews (4 customer reviews) Best Sellers Rank: #1,389,212 in Books (See Top 100 in Books) #163 in Books > Medical Books > Nursing > Oncology #505 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #6092 in Books > Health, Fitness & Dieting > Women's Health

Customer Reviews

Dr. Simonton was a pioneer in the field if body, mind, spirit. He had one of the highest cure rates for cancer and an understanding of the power of positive living. While the book focuses on cancer, it offers tools for anyone to live a life fully expressed and dis-ease free. If you know someone living with cancer this book and the seminars offered by the Siminton Foundation please, please, please turn them on to this work.

There is lots of information in this book. Car, Stephanie, and Jim give steps you can follow in your healing journey. It should be republished. Others have taken part of this book as their own and missed the full plan of hope. This book is true. I was involed in the early groupes and there were no promises . And patients were never told that the cancer was their fault. The work continues at a treatment center in California. The SimintonTreatment Center. There are no quick miracles for cancer and other tragic illnesses but we all need encouargement and ways to deal with the journey.

This is an excellent book on taking charge of your own health, starting with the way you think about your body and your surroundings. Stress is a major factor in many illnesses. Reading this book

because you have a loved one with cancer may have the added benefit of helping the caregiver avoid cancer through eye-opening life-style changes.

great

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Simontons' Revolutionary Lifesaving Self- Awareness Techniques Blended Families: Steps to Help You Succeed in Step-Parenting and Become A Strong Family (Blended Family, Step Parenting, Parenting-Help) Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males)

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